Wellness Committee Meeting 3:00 pm via zoom

March 1, 2023

In attendance: Kerrie Pelletter, Dr. John O'Connor, Sarah LoManto

We discussed joining Boces as an ICE 8 district again. We are in the process of completing registration and should be set for the 2023-2024 school year.

This service helps Cafeteria Managers with monthly forums and new information as well as updating wellness committee policies. It will be helpful in many ways as we rebuild our district.

In the high school Cafeteria we have a beautiful salad bar that features NYS lettuce, NYS farm fresh hard boiled eggs, tomatoes, cucumbers, black olives, shredded cheddar cheese, chicken, fresh baked croutons, carrot sticks, green peppers and more.

At the elementary we build a salad plate that contains fresh romaine lettuce, carrot sticks, cucumbers, cherry tomatoes, shredded cheese, yogurt and a grain.

We have planned some specialty items at both buildings for March as we have National school breakfast, PARP and foreign language week occurring. We try to introduce fun new items and also some cultural items that might not be on an ordinary menu.